Edenthorpe Hall Academy

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Spaghetti bolognaise	Chicken curry	Roast pork	Beef Steaklet's	Fish cakes
Vegetarian	Cheese ploughman	Vegetarian curry	Vegetarian sausage	Quiche	Cheese sandwich
Alternative	Omelette	Cheese Sandwich	Ham sandwich	Jacket with Tuna & Cheese	Sausage roll
Veg etc.	Baguette bread Peas	Peas sweetcorn & Rice	Mashed potatoes Broccoli, carrots & gravy	Potato croquettes Green beans & Salad	Chips & Mushy Peas
Dessert	Flap jack & Strawberry whip	Orange Sponge & custard Milkshake & biscuit Fruit & yogurt	Waffles & sauce Raspberry mouse slice Fruit & yogurt	Chocolate crunch & custard Cheesecake Fruit & yogurt	Muffins Ice cream tubs Fruit & yogurt

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pizza	Pork & potato pie	Roast Gammon	Chicken curry	Seaside Fish
Vegetarian	Omelette	Pasta bake	Vegetarian sausage	Quorn wraps	Cheese sandwich
Alternative	Beef grills	Cheese Sandwich	Cheese sandwich	Tuna sandwich	Sausage roll
Veg etc.	Potato waffles & peas	Roast potatoes broccoli Carrots & gravy	Mashed potatoes Cauliflower Green beans & gravy	Peas & sweetcorn	Chips & Mushy Peas
Dessert	Sponge & custard Rice crispy crunch Fruit & yogurt	Apple crumble & custard Ice lolly & biscuits Fruit & yogurt	Iced sponge flapjack Fruit & yogurt	Bake well tart Organic yogurt Fruit	Shortbread & custard Muffins

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Sausage	Roast Gammon	Roast Turkey with Stuffing balls	Beef Lasagne	Fish
Vegetarian	Vegetarian Sausage	Quorn Bolognaise	Veggi fingers	Ravioli	Round Pizza
Alternative	Ham sandwich	Cheese Sandwich	Jacket with cheese or Tuna	Quorn burger in a bun	Sausage roll
Veg etc.	Roast potatoes Green beans and carrots	Roast potatoes peas & Cauliflower & gravy	Mashed potatoes Cabbage & carrots & gravy	Broccoli or salad	Chips & Peas
Dessert	Muffins Or yogurt	Sponge & custard Jam & scone	Viennese tart Cup cakes Fruit & yogurt	Pancakes with sauce Chocolate brownie Fruit & yogurt	Milkshake & biscuit Ice cream tubs